

JUST FOR KICKS SCHEDULE 2024-2025

| | STUDIO 1 | | STUDIO 3 | | STUDIO 4 | | STUDIO 5 | |
|------------------|---------------|---------------------------|---------------|----------------------|---------------------------|------------------------------|---------------|-------------------------------|
| MONDAY | 4:00 - 5:00 | Dance Sampler 4-6yrs | 4:15 - 5:00 | Hip Hop/Jazz 5-7yrs | 4:00 - 5:00 | Empower/Spirit Jazz Tech | 4:00 - 4:45 | Ignite Jazz Technique |
| | 5:00 - 6:00 | Ballet 5-7yrs | 5:00 - 6:00 | Hip Hop/Jazz 7-9yrs | 5:00 - 6:00 | Company Contemporary | 4:45 - 5:30 | Ignite Lyrical |
| | 6:00 - 7:00 | Ballet 7-9yrs | 6:00 - 7:00 | Acro 9-11yrs | 5:45 - 6:30 | Ignite Acro | 5:30 - 6:15 | Ballet 5-7yrs |
| | 7:00 - 8:00 | | 7:00 - 8:00 | Hiphop 10-12yrs | 7:00 - 8:00 | Empower Jazz | 6:30 - 7:00 | Company Tap Choreography |
| | 8:00 - 9:00 | | | | 8:00 - 8:45 | Company Conditioning | 7:00 - 8:00 | Privates |
| | | | | 8:45 - 9:15 | Company Acro Choreography | | | |
| TUESDAY | STUDIO 1 | | STUDIO 3 | | STUDIO 4 | | STUDIO 5 | |
| | 4:00 - 5:00 | Ignite Ballet | | | | | 4:30 - 5:30 | Tap/Musical Theatre 6-9yrs |
| | 5:00 - 5:45 | Shooting Stars Ballet | | | 5:00 - 6:00 | Ignite Jazz | 5:30 - 6:30 | Adult Tap |
| | 5:45 - 6:30 | Rising Star Ballet (8-12) | | | 6:00 - 6:30 | Company Ballet | 6:45 - 7:45 | Tiffani (Adult Ballet) |
| | 6:30 - 7:30 | Adult Barre Fit | | | 6:30 - 7:30 | Inspire Ballet | | |
| | | | | 7:30 - 8:30 | Inspire Jazz | | | |
| WEDNESDAY | STUDIO 1 | | STUDIO 3 | | STUDIO 4 | | STUDIO 5 | |
| | | | | | 4:30 - 5:30 | Empower/Spirit Ballet | 4:30 - 5:30 | HipHop/Jazz 7-9yrs |
| | | | | | 5:30 - 6:30 | Inspire Lyrical | 5:30 - 6:30 | Spirit Jazz |
| | | | | | 6:30 - 7:30 | Empower Lyrical | 6:00 - 7:00 | Spirit Lyrical |
| | | | | | | | 7:30 - 8:30 | Company Stage |
| THURSDAY | STUDIO 1 | | STUDIO 3 | | STUDIO 4 | | STUDIO 5 | |
| | | | 4:00 - 4:45 | Ignite Tap | 4:30 - 5:30 | Empower/Spirit Ballet | | |
| | | | 4:45 - 5:30 | Empower Lyrical | 5:30 - 6:15 | Ballet 10yrs+ | 4:45 - 5:30 | Ignite/Shooting Stars Hip Hop |
| | | | 5:30 - 6:15 | Shooting Stars Jazz | | | 5:30 - 6:30 | Company Hiphop Tech |
| | | | | | 7:30 - 8:30 | Inspire Ballet | 6:30 - 7:15 | Company Hiphop Choreography |
| | | | | 8:30 - 9:00 | Pointe | 7:15 - 8:00 | Teen HipHop | |
| FRIDAY | STUDIO 1 | | STUDIO 3 | | STUDIO 4 | | STUDIO 5 | |
| | | | | | 4:30 - 5:15 | Hiphop 5-7yrs | | |
| | | | | | 5:15 - 6:00 | Hiphop 7-9yrs | | |
| | | | | | 6:00 - 6:45 | HipHop 10-14yrs | | |
| SAT. | STUDIO 1 | | STUDIO 3 | | STUDIO 4 | | STUDIO 5 | |
| | 9:30 - 10:30 | Ballet 3-4yrs | 9:30 - 10:30 | Hip Hop/Jazz 5-7yrs | 9:30 - 10:30 | Acro 6-11yrs | 9:30 - 10:30 | Acro 6-11yrs |
| | 10:30 - 11:30 | Ballet 4-6yrs | 10:30 - 11:30 | Hip Hop/Jazz 7-10yrs | 10:30 - 11:15 | Rising Stars Musical Theatre | 10:30 - 11:30 | Jazz 7-10yrs |
| | 11:30 - 12:30 | Rising Stars Jazz 8-12yrs | 11:30 - 12:30 | Ballet 7-10yrs | 11:30 - 12:30 | Tap 4-6yrs | | |